

Developmental Guidance Lesson

Grade Level: 5

Topic: Goal Setting

Domain: Personal, Social and Academic **Time Frame:** January, beginning of second semester

Related Developmental Goal:

Goal setting/Goal Attainment skills and skills for learning; Academic to Life Success

Intended Student Competencies:

The Student Will:

- Understand the importance of goal setting and attainment
- Set short and long term goals
- Apply long and short term goal techniques in academic setting

Materials Needed:

- Report cards of each individual student
- Sneaker cut out (template attached)
- Tape
- Students need writing utensils
- Scissors
- Crayons, markers, and colored pencils

Lesson Plan/Activities:

1. Hand out each student's report card
2. Have students look at grades and comments
3. Ask each student where they need to improve based on grades and comments
4. Have students brainstorm their goals
5. Have students share goals; then break into groups based on shared common goals
6. Complete sneaker goal and take out to hang in lockers.

Evaluation Method:

Classroom discussion and student self –reflection

